



There is hope.

Long-term sober living for men on a working horse ranch in the Cascade foothills — 45 minutes from Seattle.

40+

Years helping men reclaim their lives

100s

Of residents supported through sustained recovery

140

Acres of pasture, forest, and river trails

45 min

From Seattle to a different kind of quiet

ABOUT THE RANCH

A working ranch. A patient kind of recovery.

Skyland Ranch has been a quiet, honest home for men in recovery since 1986 — a small community on a working horse ranch, not a clinical facility. Many residents arrive after multiple short-term programs; the ranch's pace — slow, steady, grounded in real work — is often what allows recovery to finally take.

A DAY ON THE RANCH

DAWN	Morning chores
MID-MORNING	Meals & community
DAY	Honest ranch work
AFTERNOON	Time with the horses
EVENING	Rest & reflection

A horse-driven 12-step program, and an absolute, unwavering drug- and alcohol-free environment. Stays are short or long term — sometimes a year or more. Often what finally works.

"The horses take care of the residents, and the residents take care of the horses."

— PA, FOUNDER OF SKYLAND RANCH



EQUINE THERAPY

A horse can't be lied to.

A horse responds to who you are, right now — your breath, your posture, your honesty. Working with horses asks a man to show up the way recovery asks him to show up.





THE RESIDENCE

A home, not a facility.

A hand-built cedar lodge above the Skykomish River — shared bedrooms, a long farm table, a wood stove, and a porch that opens onto the pasture.

WHO WE SERVE

The ranch is a good fit for a man who:

- ✓ Wants a drug- and alcohol-free place to live — short or long term.
- ✓ Is open to honest work, ranch life, and a community of men in recovery.
- ✓ Is medically and physically able to take part in ranch chores and daily life.
- ✓ Has tried other treatment and wants more time, and more ground beneath it.
- ✓ Arrives with a dual diagnosis and is open to community-based support with clinical connections.

Fees are on a sliding scale based on circumstance — call and talk it through.



A LOOK AROUND

The ranch, as it is.



THE DAY'S WORK

The kind of work that returns a man to his hands.



CONTACT

Call us. We're real people on the other end.

The fastest way to talk about whether Skyland Ranch is right for you — or for someone you love — is a phone call. No forms, no automated systems.



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INSTAGRAM

@skylandranch



FACEBOOK

Recovery at Skyland Ranch



LOCATION

Gold Bar, Washington · 45 minutes from Seattle



HOURS

Calls answered daily

Calls are confidential. We listen first, then answer questions. There is never any pressure. If you're calling on behalf of a loved one — a son, a brother, a friend — that's a conversation we have often, and we welcome it.

There is hope.



skylandranch.org